



COVID-19 VACCINE INFORMATION AND RESOURCES

With COVID-19 vaccinations receiving approval for use in Canada, it is important that the people we support and our employees have reliable information required to make informed decisions around receiving their vaccinations. Please find reliable vaccination resources for your review below.

COVID-19 RESOURCES

HEALTH CANADA RESOURCES

- Detailed information on the Pfizer Vaccine can be found [here](#)
- Detailed information on the Moderna Vaccine can be found [here](#)
- Detailed information on mRNA vaccines can be found [here](#)
- Detailed information on the AstraZeneca vaccine, a viral vector-based vaccine, can be found [here](#)
- Detailed information on COVID-19 vaccine safety can be found [here](#)
- A video on how COVID-19 vaccines have been developed and approved in a timely manner can be found [here](#).
- Detailed information on COVID-19 Vaccine Approval Process can be found [here](#)
(This is an Ontario Ministry of Health Resource but the approval process was done nationally)

ONTARIO GOVERNMENT RESOURCES

- The Ethical Framework for Vaccine Distribution in Ontario can be found [here](#)



DISCUSSIONS FROM EXPERTS ABOUT COVID-19 VACCINES

The following video link is from our partners at Sun Life. Within the video, Dr. Alan Bernstein discusses and answers questions about COVID-19 Vaccines.

[Please click here to watch...](#)

- **Important Time Stamps for the above video**
 - 01:45 – How mRNA vaccines work and safety around the new type of vaccine
 - 04:44 – Effectiveness (*Moderna and Pfizer vaccines*)
 - 07:15 – Storage (*Moderna and Pfizer vaccines*)
 - 10:40 – Viral vector vaccines (*likely method the next two vaccines to be approved will use*)
 - 14:40 – Goal for a successful vaccine
 - 18:35 – Public health measures after being vaccinated.
 - 22:00 – Importance of receiving both doses of mRNA vaccine
 - 23:00 – Skepticism around COVID-19 Vaccines
 - 28:00 – Risk of not getting a COVID-19 Vaccine
 - 29:30 – Vaccine Durability (*how long will immunity last*)
 - 34:40 – Getting a COVID-19 Vaccine if you have already had COVID-19
 - 40:00 – Q and A session